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In The World But Not Of It: New Teachings From Jesus On Embodying The Divine



Synopsis

From the Introduction, by Jesus: "What I have come to teach now is that you can embody love, as I did. You can become Christ within this human life and learn to embody all that is good within you. I came to show you the beauty of your own soul and what is possible as a human. I came to show you that it is possible to be both human and divine, to be love incarnate. You are equally both. You walk with one foot in the world of form and another in the Formless. This mysterious duality within your being is what this book is about."

"The consciousness that is within me is also within you. You are the son as equally as I am. You are the "I am" I spoke about. You and I are one. You and everyone else are one. Many are ready for the Christ within to come forward and manifest in the world more fully. The birthing of this Christ "of Christ Consciousness" is the true second coming. "Christ Consciousness" as I am using it, points to the divinity within everyone and the potential for that divinity to become a living reality, to become what lives you. I was an example of that possibility in my lifetime two thousand years ago."

This book was given to Gina Lake by Jesus. It is part of a series of books, including A Heroic Life and The Jesus Trilogy. You will learn:

- How to embody the divine self in the world
- How to tell when you are identified with the ego
- How to spot the ego in your thoughts and conversations
- What kind of thoughts are in the thought-stream
- How to disidentify from the ego
- How to be in your body and senses
- How to move into Presence and stay there
- How to be present while speaking and acting in the world
- Spiritual practices that support Presence
- What embodiment, enlightenment, self-realization, and awakening are
- Pitfalls on the spiritual path
- How to be with emotions
- How to be with and heal energetic blocks in the body
- How to overcome bad habits and addictions

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Customer Reviews

Have you ever wanted Spiritual Truth simply and directly? Not hidden in metaphor or allegory? Over two thousand years ago Jesus said, "I have spoken these things in parables with you, but the time is coming when I shall speak with you, not in parables, but I shall declare to you about The Father plainly." • That hour has come and it is now! In Gina's newest channeled work, *In the World But Not of It*, Jesus lays out Truth simply and directly using plain language. He shares exactly what the ego is, and how and why it does what it does. He does not attack the ego as bad or wrong. He shares that even the ego has Divine Purpose. Jesus gently guides the reader deeper and deeper, sharing exactly how to recognize the ego as thoughts, and how to release attachment to them. He then invites the reader to rest back into an always Perfect Presence with great curiosity. Further, he outlines how to "get into" the body and allow its wonderful senses to fully experience the unfathomable mystery of Creation. This book is like a road map out of the persistent confusion of the thinking mind (and all the emotional side effects) into the brilliant clarity of experiential Presence. Direct teachings like this from the Master are priceless. It is like Jesus answers the reader's question even before one thinks to ask it. I invite you to dive deeply into the gift this book is. I promise you will not be disappointed. The ego may squirm at much of what Jesus shares in this text, but your Soul will sing its eternal song of "I AM Here, I AM Here". This is not a book to speed read, rather it is a gift of Freedom to be savored. Engage it gently, slowly, even restfully. Doing so will quicken the Spiritual Alchemy that is suffusing every line on every page. Great gratitude to Gina for allowing Jesus to work through her with such clarity. John Mark Stroud

Gina Lake has brought through a body of work that is so transformative that you can feel the transmission when you read the words. This book in particular has the resonance of the Christ light which makes sense since Jesus is behind it. The teachings in this phenomenal book shows us a way out of ego consciousness and into unity consciousness. This is the path of an awakened one.

For those of us in the process of awakening (and we all are to varying degrees), the book serves as a guide to a truth one may be discovering on one's own but can't quite articulate. This gives us the language to understand the process, and in addition to this, useful tools to pull ourselves out of old habitual patterns that keep us in the framework of ego. There are very few books that bring through such high level teachings with a balance of both, truth and love. This is one of those books and I will recommend this book to all my students.

I always feel extraordinarily blessed when I read a Gina Lake book. Though all of them take me to the classroom where a Master is teaching, I feel extra special when I read one where Jesus is the master teacher. I always feel as though I'm being taught on a very personal level "as if the beautiful Being who is Jesus knew me personally- as if this curriculum was designed just for me." (Of course, right here is where Jesus would say "I do know you personally and this was not only designed for you, but by you" :-)) From Heart to Heart. I feel as though "The Jesus Trilogy" and "A Heroic Life" led to this book making so much sense. Here He further defines and breaks down the program that the ego is, giving us more tools to help us disengage from ego identification (lost in the illusion). He also further expands our understanding of who and what we truly are:

Presence Helping us to not only experience Presence, but to eventually realize that we are Presence. Thank you once again Gina for being a pure channel for Loving Light. Thank you once again Jesus - Heart of God, Love of God, Light of God.

I am SO GRATEFUL that Gina brought this important book through at this critical time. It is a VERY Advanced Teaching made simple (not easy ... yet simple)! As an ontological coach, I will be sharing this book with all my sincere Truth Students. I particularly appreciated the focus on compassionate awareness ... and on ... Noticing what notices! The view of the ego as a developmental phase of human development I find extremely helpful. This is a Radical Teaching ... compassionately distilled to make it ACCESSIBLE for our current time, space, and level of development. Thank YOU, Gina!

Finding truth in the black and white world of the egoic mind is a fruitless effort that dead ends into a realm of paradoxical darkness. Surrendering into despair a ray of light shines from an understanding that lies beyond the conceptual mind. A heartfelt wisdom springing forth from the godhead of the present moment. A beacon of peace and contentment. This amazing teacher/author/person acts as a prism for the transmission of Christ consciousness from the eternal light into the world as we

currently know it. Through her a loving guide carefully walks us along on our journey to our heart's fulfillment. The light is so bright with this one that it is touching into the darkest of areas of confusion and misunderstanding. Through it; A thirst for clarity is being quenched and a beautiful glow of evolving consciousness is radiating from within. Thank you Gina and Thank you Jesus.

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